

CULTURE YOUTH LAB - LISBON 14.-20.11.21

SWTI - STREET WORK TRAINING INSTITUTE

- 3 BLOCKS THEORETICAL
- PRACTICE - 2 BLOCKS
- 3 BLOCKS - POLITICAL

AI WEI WEI - MUSEUM

↳ WE WILL SPEND AN AFTERNOON THERE

PLAN: START EVERY DAY AT 9:30

MON TUE WED

TILL 16:30 17:00 18:00

LUNCH 13-14h

THU: BY BUS TO OBIDOS

↳ 8:30 - TAKE METRO AT 7:45

MY MACHINE - MIT

FRI: EVALUATION

1ST EXERCISE

DRAW YOUR LIFE

EXPRESSING WITH COLORS

SENSATIONS ARE VERY IMPORTANT

↳ WHAT DO YOU SEE, SMELL, FEEL

THROUGH SENSATIONS WE ARRIVE TO THE
EMOTIONS!

VERY IMPORTANT NOT TO JUDGE
EXPRESSION OF EMOTIONS

NAME FOR THE EXERCISE:

PERSONAL VISUALISATION

ART IS AN EXPRESSION THAT STARTS
WITH THE FEELINGS

STORY WITH 8 STATEMENTS

ABOUT ME INSPIRED BY

THE PICTURE I SEE



1. CONNECTING PEOPLE THROUGH ART
AND SKY IS THE LIMIT

2. LIFE IS COLORS AND COLORS ARE LIFE
STW

3. THE ART OF DEALING WITH LIFE

↳ COULD BE FLOW

4. ART IS THE EXPRESSION OF JOY - WHAT
YOU LOVE

5. ART IS THE TRUE EXPRESSION OF WHO YOU
ARE AND EXCEPTION OF YOU

6. THE ROAD OF LIFE IS CONNECTING WITH
OTHERS AND LEARNING FROM EACH OTHER
- EVERYONE HAS SOMETHING TO OFFER

7. ART OF EXPRESSING, LIVING AND
LEARNING TOGETHER

8. CONNECTING EDUCATION - STREET ART
SHOULD BE MORE PRESENT IN SCHOOLS

SENSATIONS

- FEELINGS
- EMOTIONS
- DESIRES / WISHES
- FANTASY

DECISIONS:

- DREAMS
- GOALS

THE ART IS THE TOOL OF EXPRESSION

ART IS CREATED BY CULTURE

OR THE CULTURE IS THE CREATED BY ART?

ASK KIDS WHAT THEY THINK
OF CERTAIN THINGS THAT ARE
SEEN AS ART

SOCIAL INCLUSION

ART IS A TOOL OF EDUCATION

Tool ← ART → LEARNING PROCESS

◦ EXPRESS

◦ COMMUNICATION

◦ OTHERS (DIVERSITY)

◦ THEORY

◦ TECHNIQUES

◦ LANGUAGE

WHAT IS SOCIAL INCLUSION

TOOLS TO OPEN SOCIAL INCLUSION

HOW TO OPEN?

TO INCLUDE EVERYONE AS THEY ARE?

MEANINGFUL CONVERSATIONS

WE ARE THE TOOL TO:

AWARENES, CONNECTIVENESS, KINDNESS

SENSIBILITY, EMPATHY, GRATITUDE

EMPOWERMENT IS A TRAP!

MY EXPERIANCE OF THE TRAINING

I AM ON THE TRAIN WRITING THIS
PERSONAL MESSAGE OF GRATITUDE FOR
THE EXPERIANCE I HAD IN LISBON.

THIS WAS MY FIRST TIME DOING SUCH A
TRAINING SO I DID NOT KNOW WHAT
TO EXPECT AND I CAME WITH A CHILDS
INTEREST OF NOT KNOWING ANYTHING.

I MUST SAY THAT THE FIRST DAY HAS
BLOWN ME AWAY BECAUSE WE MADE
OUR PLACE VERY ACCEPTING AND CREATIVE,
AND THAT HAS SET THE TONE FOR ALL
OTHER DAYS TO COME.

IT WAS MY FIRST TIME MEETING HELDER
AND THE BEST I CAN EXPRESS IS THAT
I AM TRULY GRATEFUL THAT A MAN
LIKE HIM EXISTS. HE IS VERY KIND
AND VERY OPEN Minded BUT THE BEST
THING IS HIS PASSION FOR THE WORK
HE DOES, I REALLY APPRECIATE IT
WHENEVER I SEE A PERSON DOING
SOMETHING WITH PASSION BUT IT IS
ESPECIALLY IMPORTANT TO HAVE PASSION,
EMPATHY, KINDNESS IN WORKING WITH
PEOPLE. I COULD CLEARLY SEE IT
STRAIGHT AWAY THAT HE IN GENERAL SEES
ALL PEOPLE AS GOOD POTENTIAL FOR
SOMETHING AND IT IS ON US TO HELP
THEN FIND IT.

ÓBIDOS SCHOOL EXPERIANCE FOR
ME PERSONALLY WAS AMAZING!

TO SEE ALL SCHOOLS THERE WORKING
TOGETHER FOR THE GREATER GOOD
OF THE FUTURE OF PORTUGAL - JUST WOW!
I HAVE LEARNED A LOT IN ÓBIDOS AND
AS UNITED MYSELF I AM TRYING TO
DO THIS IN MY COUNTY. IT WAS VERY
HELPFUL TO LEARN ALL YOU DO THERE
AND IT IS MAKING ME THINK A LOT
ON HOW I CAN IMPLEMENT THIS IN
MY COUNTRY. I DON'T BELIEVE WE
ARE HAVING SOMETHING LIKE THAT IN
SLOVENIA BUT I WILL DEFINITELY REACH
OUT MORE NOW TO FIND THAT OUT.

NOW ABOUT OUR TEAM.

COMING FROM DIFFERENT COUNTRIES AND BACKGROUNDS DID NOT MAKE A DIFFERENCE IN UNDERSTANDING EACH OTHER BECAUSE WE ARE ALL HERE WITH THE SAME GOAL IN LIFE AND THAT IS TO HELP MAKING A DIFFERENCE IN PEOPLES LIVES. I REMEMBER SAYING TO NLEIKA THE FIRST NIGHT HOW AMAZING IT IS TO THINK AND WORK TOGETHER IN A GROUP OF PEOPLE WITH THE SAME OBJECTIVE. A BIG PART OF THE GREAT ENERGY HAS TO GO TO HELDER ANT TIAGO FOR TAKING THAT HAPPEN.

BY THE END OF THE WEEK WE WERE

ALL SAYING TO EACH OTHER THAT WE
BECAME FRIENDS IN THE PROCESS AND
THE AMOUNT OF APPRECIATION I FEEL
FOR EACH PERSON OF THE TEAM WILL
WITHSTAND A LIFETIME.

I FEEL VERY LUCKY TO BE A PART OF
CULTURE YOUTH LAB AND I REALLY
ADMIRE THE CHANGES YOU ARE MAKING
IN THIS WORLD.

WITH GRATITUDE IN MY HEART, SENDING
YOU LOVE FROM SOMEWHERE IN THE
CLOUDS.

Tadej